

Ciao Andrea,
i will write in english because is much better than my written german...
For your friends i would suggest the following places to visit

Campania

Goes down along amalfi coast and visit Ravello, Positano, Amalfi, than continue along the coast to Cilento and stay in Acciaroli and Castellabate. Stop also in Paestum to visite temples and eat the best Mozzarella ever!

After Acciaroli head to Basilicata region and Maratea (really beautiful). Basilicata in a winderful region in the inside so i would visit all the inside area and cross the region up to Puglia.

Don't miss absolutely to stai in Matera and Potenza and really try to stay as much as you can in the little villages during the way.

If you can please see the film "Basilicata Coast to Coast" tu understand how beautiful is the region.

Regarding Calabria i don't know so good this region and i would also suggest to to to Puglia because is at the moment the most interesting region.

From Basilicata you will arrive in Taranto and from there you can do coast by coast all the Puglia.

Puglia is really a gem.

Stay many days in the Salento: Gallipoli, Santa Maria di Leuca, Lecce, Otranto and other little cities you will see travelling.

The adriatic coast is also fabulous. If you can please stay some nights in some old "masseria" transformed in hotel.

Must to see: Polignano, Alberobello, Ostuni.

In Fasano take a drink in Masseria Torre Coccaro (www.masseriatorrecoccaro.com) and in Polignano ABSOLUTELY have a dinner in restaurant Chichibio. Sashimi and Sushi are nothing compared to the raw fish served in this restaurant. Puglia is the homeland of the raw fish.

Please go also in the inside side of the Puglia (Gioia del colle, Murge) because there is much to see.

I hope this could help and of course if your friends have some questions, please refer to me.
Tanti saluti da Ischia e a presto!

Nicola

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Nicola Iacono / Charter & Marketing Manager
+39 348 6565277/ nicola@silverstaryachting.com

Silver Star Yachting

ITALY Office: Phone +39 081 983719 - Fax: +39 081 0060 384
Via Morgioni, 48 - 80077 ISCHIA (Na)

UK Office: Phone +44 (0)203 3189070
Amadeus House, Covent Garden - Floral Street - WC2E 9DP LONDON